

## Harrison Hospital

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### Harrison Hospital Serves the Entire Olympic Peninsula Region:

Harrison Hospital is a not-for-profit, acute-care community hospital whose origins date to the turn of the century. Today it is one of the region's busiest medical centers, with three campuses serving Kitsap County and the Olympic Peninsula region. At the main hospital in East Bremerton, and facilities in Silverdale and Port Orchard, Harrison Hospital offers a comprehensive range of services, including OB/GYN and pediatrics; cardiology; orthopedics; oncology; diagnostic imaging; laser, laparoscopic, and retinal surgery; rehabilitation; home health; mental health; emergency and urgent care. Fully accredited by the Joint Commission on the Accreditation of Healthcare Organizations, Harrison Hospital is a Level III Trauma Center.

### Emergency Room (ER) Improvement Project:

This exciting new chapter in Harrison Hospital's around-the-clock emergency services is an expansive state-of-the-art ER, which opened January 2004 at the main hospital in East Bremerton. The 19,000-square-foot addition and 5,800-square-foot renovation includes 33 private exam rooms, additional parking, plus separate ambulance and walk-in entrances providing optimal access to other hospital facilities for patients, staff, and the public. A new rooftop helipad enables rapid transport of patients who need the Level I trauma services of Seattle's Harborview Medical Center.

The new ER design addresses space efficiency and comfort in a beautiful and comfortable setting. Improved processes—from registration to lab and X-ray—and a new fast-track system for patients with less critical conditions, all aim to shorten the time patients spend in the ER.

Harrison ER and urgent care staff treat over 70,000 patients annually, making the department one of the busiest in the region. Some 34,000 of these patients are treated at the main campus in Bremerton, which serves our region with Level III trauma services. Harrison Hospital Silverdale ER — also offering 24-hour care — serves 19,000 patients, while another 18,000 receive care at our Port Orchard Urgent Care facility.

### Open-Heart Surgery:

Harrison Hospital's expanding cardiovascular services — long recognized as a Center of Excellence — brought open-heart surgery to the Olympic Peninsula region for the first time in 2003. This program — a unique collaboration with the University of Washington's esteemed UW Medicine Regional Heart Network — will offer immediate critical support to the area's growing population, while laying the groundwork for the hospital's future. Over 300 patients annually will receive cardiac bypass and other heart surgery who otherwise would have to travel for these services at a time when they are medically fragile and anx-

ious, and family care and bedside education are crucial. The program enhances Harrison's first-class cardiovascular services, which includes a team of the region's finest cardiologists and vascular surgeons, a nationally renowned chest-pain clinic, catheterization lab, and the latest diagnostic and treatment tools featuring echocardiography and angiography.

### Radiation Oncology Center:

Harrison Hospital's new Radiation Oncology Center, located at the main hospital campus in East Bremerton, provides world-class cancer care. One step in development of a regional cancer program, the center is both high-tech and high touch — along with the latest linear accelerator and aggressive treatment options, there is also an emphasis on education, humor, comfort, family and friends.

### Harrison's Silverdale Healthcare Campus:

Harrison Hospital's newest campus is much more than a birthing center. In addition to the Women's and Children's Center, there is a state-of-the-art Surgery Center (for men *and* women!). The facility also hosts 24-hour emergency services and adult and pediatric outpatient rehabilitation services, including the latest in aquatic therapy.

The **Harlow Medical Building** located at the Silverdale site is a cornerstone of the 32-acre campus. The building shares a common entryway with Harrison Silverdale. It houses local doctors and a variety of clinical offerings, including an open MRI, women's breast center, laboratory and conference center.

### Harrison Hospital's South Satellite:

Harrison Hospital's Port Orchard satellite provides South Kitsap residents with first-rate walk-in care seven days a week, plus an array of other services, including rehabilitation and home health. The facility also is home to physician's offices, a pharmacy and a kidney dialysis center.

## Naval Hospital Bremerton

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### Naval Hospital Bremerton:

Naval Hospital Bremerton, with its 67 licensed beds and extensive system of health services, provides care to approximately 56,000 military, family members and retirees who live within the hospital's beneficiary base. The hospital runs three major branch medical clinics and two satellite clinics located on military bases in the West Sound area and Everett. Naval Hospital is also home to Fleet Hospital Five, the expeditionary arm of the military treatment facility and to the Puget Sound Family Medicine Residency Program.

The hospital opened its new 55,000-square-foot wing on August 20, 2001. This new three-story wing, the Family Care Center, is home to the Family Practice Clinic, Immunization Clinic, the new Pharmacy, Medical Records and the Health Education Department with its Wellness Center. It includes a TRICARE Service Center. Adjacent the new wing, is a three-level parking garage, with two levels of covered parking.

Renovation has begun on the 7-story main building, expanding and updating many clinical and administrative spaces. This construction will continue in segments throughout 2002.

The hospital provides the following in-patient specialties: Medical/Surgical, Pediatrics, Labor/Delivery, Mother/Baby, Level II Nursery, ICU, as well as an Ambulatory Procedure Unit. Core outpatient services include: Family Practice, Pediatrics, Internal Medicine, Mental Health, OB/GYN, Physical Therapy, Orthopedics and Emergency.

**Naval Hospital Bremerton Emergency Department is Best in State:**

On October 20, 2000, Naval Hospital Bremerton was presented with an award recognizing their Emergency Department as the best in the state of Washington. The Emergency Nurse's Association selected the Naval Hospital over all other Washington state hospitals for having the best customer service, most certifications and for their involvement in state and national nurse associations.

**Laser Correction War Fighters' Program:**

In late Fall 2002, the Naval Hospital Bremerton will become the fifth site in the nation to provide laser corrective surgery for active duty aviators and special warfare combatants. Rather than lose the money spent on years of training, the Navy will now correct the vision of specific personnel (aviators, S.E.A.L., etc.) to be able to keep them on the job. This new program will be called the "Laser Correction War Fighters' Program".

**Website Access, TRICAREOnline.com:**

Bremerton is one of the first military medical facilities nationwide to be linked to [TRICAREOnline.com](http://TRICAREOnline.com), which is a new service started in the Spring of 2002. The Department of Defense created the website to improve healthcare access and wellness education for 8.4 million beneficiaries. It provides secure, interactive customer services, including medical advice and health information. Patients enrolled with TRICARE Prime and Bremerton Plus at Naval Hospital Bremerton — or any branch medical clinics — use the website to book routine and follow-up primary care appointments.

**Personalized Healthcare:**

Patients create an on-line, personal health journal, recording current treatment, immunizations, prescribed medications and past medical procedures. By using a secure password, they can retrieve personal health care information on-line from any location, when moving, traveling or away from home on temporary assignment. TRICAREOnline is available seven days a week, 24 hour a day.

**On-line Pharmacy:**

As a compliment to TRICAREOnline, the hospital has recently installed an on-line pharmacy refill system that is available through their home page. The patient types in the prescription number and choose if they want to pick up their prescription at the Naval Hospital Bremerton, Smoky Point Pharmacy in Everett or one of the branch clinics (SUBASE Bangor or PSNS Bremerton).

**"Most Wired" Status:**

When compared to all other hospitals in the nation (not just military hospitals), the Naval Hospital Bremerton was selected as one of the nation's top 100 "most wired" healthcare facilities for the years 1999, 2000 and 2001. "Hospitals & Health Networks", a monthly magazine, presented the award.

## Personal Digital Assistant (PDA):

The Naval Hospital Bremerton will initiate the use of PDAs during the summer of 2002. PDA stands for personal digital assistant. The hand-held device has the ability to provide wireless access to the Internet. It can store and retrieve appointments and telephone numbers. A PDA can also exchange or synchronize information with a full-sized computer.

## Robots in the Pharmacy:

The Naval Hospital Bremerton (NHB) is the first of three sites in the nation to try the robotics system, ScriptPro, to fill pharmacy prescriptions. The robots move quickly through the vertical prescription isles helping to process 1,500 prescriptions/day at the NHB pharmacy. Drug cross-contamination is eliminated, because robots fill vials directly from the dispensing cells. Robots print and apply prescription labels with bar codes to assure accuracy and quality control. They deliver uncapped vials to a tray for manual inspection and on-screen drug image verification. Even power outages are factored into account. The robots are linked to an "uninterruptible" electrical source.

## Skin Doctor is One "Click" Away:

Personnel on board the USS Carl Vinson can have a skin lesion diagnosed within 24 hours by using the new "Teledermatology" system. Ships and outlying military clinics can transmit digital pictures and medical history of various diseases of the skin, hair or nails to the dermatology staff at NHB (CDR Robert Butler is the only naval dermatologist in the Pacific Northwest). Currently, they see 15-20 cases/month.

## Other Health Care Facilities

### Doctors Clinic, Group Health Cooperative, KPS and Westsound Community Health Network:

The Doctors Clinic is a multi-specialty group practice with about fifty of the greater than three hundred civilian physicians who serve in Kitsap County. Group Health Cooperative is the largest Health Maintenance Organization (HMO) that serves the area, with approximately twenty-five physicians in Kitsap County. Kitsap Physicians Service (KPS) is the locally-based, health insurance provider for many of the residents of Kitsap and adjacent counties. Westsound Community Health Network is a Physician-Hospital Organization which includes over one-hundred physicians in Kitsap and Jefferson Counties.

### A Healthy Community:

Many indices reflecting the fact that Kitsap County residents experience a relatively high level of individual health can be found in "Health Status of Kitsap County". This report was prepared by Bremerton-Kitsap County Health District, Harrison Memorial Hospital, Kitsap Physicians Service, and Group Health Cooperative of Puget Sound.

## Life Expectancy at Birth:

Life expectancy at birth is generally regarded as a key indicator of overall community health status. As shown below, Kitsap County residents' life expectancy is significantly higher than that of other residents of Washington or the United States. It compares favorably with Japan, which has the highest life expectancies of any country in the world.

	Kitsap	Washington	United States	Japan
Males	76.2 yrs	74.0 yrs	72.2 yrs	76.4 yrs
Females	81.1 yrs	80.0 yrs	78.8 yrs	82.8 yrs

## A Healthy Future:

Kitsap County has a relatively young and healthy population. The region has an environment that beckons with a myriad of recreational activities. The community has a track record of creative, collaborative, and successful efforts to improve residents' quality of life and provide quality, cost-effective healthcare. Vision and leadership continue to develop services and facilities to meet future health needs based on today's solid foundation.